



FIRST AID OFFICERS INJURY REPORT FORM

The Injury Report Form has been designed so that you will be able to keep an accurate record of injuries and illnesses that you attend during your duties as a Rugby League First Aid Officer.

This form is extremely important and should be completed as soon as possible after an injury/illness.

- It will give you a guide as to the types of injury/illness that you attend, your management and follow up.
- It will be a good guide to the club and coach you are involved with to determine the types of injuries occurring. If a specific type of injury is occurring frequently, modification to training regimes or club safety policies might need to be modified to prevent a re-occurrence of these injuries.
- It will be a good revision guide for you and other First Aid Officers to compare your assessment and management techniques thus improving your knowledge and competencies in specific cases.
- It can also be used if you need to refer a player to hospital, doctor, physiotherapist or other medical personnel detailing your immediate management and other relevant information.
- A copy of the Report may be given to individual players to ensure that your follow up advice is carried out by the players under your care.
- For legal reasons it is a requirement that these records be kept for a number of years.

These forms will also be a valuable document to collect data for covering the occurrence of injury/illness within the game of Rugby League to be passed on to appropriate organizations for assessment and reports.



INJURY REPORT FORM

Name:	Age:	Home Club:
Date:	Time:	Venue:

Indicate site of injury using abbreviations for suspected:

<table style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 20px;">L</td><td>Laceration</td></tr> <tr><td>B</td><td>Bleeding</td></tr> <tr><td>D</td><td>Dislocation</td></tr> <tr><td>F</td><td>Fracture</td></tr> <tr><td>M</td><td>Muscle Injury</td></tr> <tr><td>J</td><td>Joint Injury</td></tr> <tr><td>H</td><td>Head Injury</td></tr> <tr><td>S</td><td>Spinal Injury</td></tr> <tr><td>I</td><td>Internal Injury</td></tr> </table>	L	Laceration	B	Bleeding	D	Dislocation	F	Fracture	M	Muscle Injury	J	Joint Injury	H	Head Injury	S	Spinal Injury	I	Internal Injury		Observations: <table border="1" style="width: 100%; border-collapse: collapse; height: 100px;"> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> </table>										
L	Laceration																													
B	Bleeding																													
D	Dislocation																													
F	Fracture																													
M	Muscle Injury																													
J	Joint Injury																													
H	Head Injury																													
S	Spinal Injury																													
I	Internal Injury																													

Removal from Field:		Immediate Care:	
Walked		Ice	
Assisted		Compression	
Stretcher		Immobilization	
Ambulance		Bleeding controlled	
Completed game		Wound dressing	
		Other	

Advice for Follow Up:

.....

.....

.....

.....

Emergency Care:

Ambulance Called Doctor Called

Referral if above not called Hospital Doctor.....

Special Comments.....

Rugby League Accredited First Aid Officer to Sign

Signed: Registration Number: